

QAP Suggested E-Learning

For Registered Dental Hygienists

Category: Quality Assurance

Source: CDHBC

September 1, 2022

Territorial acknowledgement

The offices of BCCOHP are located on the traditional, ancestral and unceded territory of the Coast Salish and Lekwungen-speaking Peoples, represented today by the Musqueam, Squamish, Tsleil-Waututh, Songhees and Esquimalt Nations. Acknowledging the territories and the original stewards of these lands is a fundamental responsibility of our organization and in keeping with our commitment to support the provision of safe, effective, culturally sensitive oral health care for British Columbians.



Suggested Online Learning Activities by QAP Content Subcategory

The following is not meant to be an exhaustive list, rather an example of online learning activities available for self-study that might support one's Online Learning Plan (OLP). It is up to the professional discretion of each registrant to ensure that information is appropriate, current and related to a given content category and one's practice setting.

A. Biological Sciences

A1 – General & oral microbiology/infection control

- VIVA Learning – Coping with Coronavirus (COVID-19)
http://vivalearning.com/member/classroom.asp?x_classID=4051
- Hu-Friedy – Navigating Infection Prevention Practices in Dental Settings
<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&referrer=https%3A%2F%2Fwww.hu-friedy.com%2Feducation%2Fcontinuing-education-classes&eventid=2011695&sessionid=1&key=D5930766E89794EDD043ECFD17CD137A®Tag=&sourcepage=register>
- Hu-Friedy – Hand Hygiene: Taking Action to Stay Healthy
<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&referrer=https%3A%2F%2Fwww.hu-friedy.com%2Feducation%2Fcontinuing-education-classes&eventid=2011611&sessionid=1&key=7A4D3081F819DB8A02E904C74148A0F2®Tag=&sourcepage=register>
- CDHA – Clean the Air: Best Practices for the Management of Aerosols
https://www.cdha.ca/cdha/Education/webinars/CDHA/Education/Webinars/Aerosol_Reduction.aspx
- Dentalcare.com – Syllabus: Infection Prevention, Hazardous Waste Management, and Hazard Communication Compliance (13 modules)
<https://www.dentalcare.com/en-us/professional-education/ce-courses?course-topic=medical-health-history-742&course-audience=dental-hygienists>

A2 – Biochemistry/nutrition/diet counseling

- Dentalcare.com – Food for Thought: The Relationship Between Oral Health and Nutrition
<https://www.dentalcare.ca/en-ca/professional-education/ce-courses/ce583>
- CDHA – Canada's New Food Guide: Highlights and Oral Considerations
https://www.cdha.ca/cdha/Education/Webinars/CDHA/Education/Webinars/Canadas_New_Food_Guide.aspx
- Government of Canada - Canada's Food Guide**
<https://food-guide.canada.ca/en/>
- Colgate – Oral Health network – Sugars and Oral Health: Evidence to Practice
<https://www.colgateoralhealthnetwork.com/webinar/sugars-and-oral-health-evidence-to-practice/>



Suggested Online Learning Activities by QAP Content Subcategory

B. Social Sciences

B1 – Psychology/sociology

- Provincial Health Services Authority – Trans Care BC – Exploring Gender Diversity: for health and human services*

<https://learninghub.phsa.ca/Courses/22474/>

(Note: that a version of this e-learning course is also available free of charge for health authority employees at: <https://learninghub.phsa.ca/Courses/8141/exploring-gender-diversity>)

- San'yas BC Indigenous Cultural Safety Training – Core ICS Health*

<http://www.sanyas.ca/training/british-columbia/core-ics-health>

(Note: fee not required for health authority and Ministry of Health employees)

- Alberta Health Services – Trauma-Informed Care: E Learning Modules

<https://www.albertahealthservices.ca/info/Page15526.aspx>

B2 – Communication principales/behaviour management strategies

- Colgate – Oral Health Network – Strategies for Engagement Through Motivational Interviewing and Group Facilitation

<https://www.colgateoralhealthnetwork.com/webinar/strategies-for-engagement-through-motivational-interviewing-and-group-facilitation-2/>

- Colgate – Oral Health Network – Increasing Patient Engagement: Efficacy of Educational Interventions

<https://www.colgateoralhealthnetwork.com/webinar/increasing-patient-engagement-efficacy-of-educational-interventions/>

C. Dental Sciences

C1 – Head, neck, oral and dental anatomy

- Dentalcare.com – An Overview of Dental Anatomy

<https://www.dentalcare.ca/en-ca/professional-education/ce-courses/ce500>

C2 – General & oral embryology, histology

- Biomedical Sciences – Development of Teeth January 2018**

https://www.researchgate.net/publication/323033829_Development_of_Teeth

- Dentalcare.com – Anatomy & Histology of the Gingival Unit and Basic Oral Hygiene

<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce592>

C3 – Radiography knowledge, interpretation

- CDHA – Radiation Safety for Dental Hygienists (4 modules)*

https://www.cdha.ca/cdha/Education/Online_Courses/Radiation_Safety_for_Dental_Hygienists/CDHA/Education/Courses/Radiation_Safety_Course_for_Dental_Hygienists.aspx#tabs-2



Suggested Online Learning Activities by QAP Content Subcategory

- DH Solutions Inc. – Let's focus on image! Radiography for the Dental hygienist*
<https://dhsolutionsinc.com/index.php/webinars/products-available/radiography-rdh>

- Dentalcare.com – Syllabus: Dental Radiography (12 modules)
<https://www.dentalcare.com/en-us/professional-education/ce-courses?course-topic=medical-health-history-742&course-audience=dental-hygienists>

C4 – General & oral pathology

- Dentalcare.com – A Guide to Clinical Differential Diagnosis of Oral Mucosal Lesions
<https://www.dentalcare.ca/en-ca/professional-education/ce-courses/ce110>
- DH Solutions Inc. Exploring the Oral Cavity: An Oral Pathology Course for Dental Hygienists by a Dental Hygienist*
<https://dhsolutionsinc.com/index.php/webinars/products-available/oral-pathology-for-the-dental-hygienist>
- Colgate – Oral health Network – Diagnosis and Management of Oral Lesions.
<https://www.colgateoralhealthnetwork.com/webinar/diagnosis-and-management-of-oral-lesions/>

C5 – Dental Materials

- Darby and Walsh Dental Hygiene Theory and Practice 5th Edition – Chapter 35: Pit and Fissure Sealants. Chapter 38: Impressions for Study Casts and Mouth Guards. Chapter 39: Restorative Therapy. Chapter 41: Fixed and Removable Dental Prostheses**
- Wiley Online Library – Dental Traumatology – Effect of mouthguard design on retention and potential issues arising with usability in sport**
<https://onlinelibrary.wiley.com/doi/full/10.1111/edt.12446>

D. Dental Hygiene Clinical Practice

D1 – Health assessment/pharmacology (prescribed and non-prescribed)

- Dentalcare.com – Cardiovascular Drugs Our Patients Take
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce581>
- Darby and Walsh Dental Hygiene Theory and Practice 5th Edition – Chapter 13: Personal, Dental, and Health Histories. Chapter 14: Vital Signs. Chapter 15: Pharmacological Histories.**
- Dentalcare.com – General Principles of Pharmacology
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce580>

D2 – Periodontology (including assessment, diagnosis)

- CDHA – Exploring the NEW AAP Periodontal Disease Classification Part 1: Introduction
https://www.cdha.ca/cdha/Education/webinars/CDHA/Education/Webinars/AAP_Perio_Webinar_Part1.aspx



Suggested Online Learning Activities by QAP Content Subcategory

- CDHA – Exploring the NEW AAP Periodontal Disease Classification Part 2: Staging & Grading
https://www.cdha.ca/cdha/Education/webinars/CDHA/Education/Webinars/AAP_Perio_Webinar_Part2.aspx

D3 – Non-surgical dental hygiene therapy including instrumentation (hand and powered) and ergonomics

- VIVA Learning – Global Dental Health Trends that Change the Way You Deliver Patient Care
https://www.vivalearning.com/member/classroom.aspx_source=DENTREK&x_classID=3924
- VIVA Learning – Elevating Your Instrumentation Skills: the Dental Hygienist Unplugged
https://www.vivalearning.com/member/classroom.aspx_source=DENTREK&x_classID=3785
- Hu Friedy – Don't Get Burned - Keys to Avoid and Remove Burnished Calculus
<https://event.on24.com/eventRegistration/EventLobbyServlet?target=reg20.jsp&referrer=https%3A%2F%2Fwww.hu-friedy.com%2Feducation%2Fcontinuing-education-classes&eventid=1986085&sessionid=1&key=A56AEB5DC05BEA4DA3E58A3A6CB46354®Tag=&sourcepage=register>
- Darby and Walsh Dental Hygiene Theory and Practice 5th Edition – Chapter 28: Hand-Activated Instrumentation. Chapter 29: Ultrasonic Instrumentation. Chapter 12. Ergonomics and Work-Related Musculoskeletal Disorders.**

D4 – Care of special needs population

- CDHA – Lifelong Smiles for Individuals with Intellectual Disabilities: A Resource for Oral Health Professionals
https://www.cdha.ca/cdha/Education/Online_Courses/Lifelong_Smiles_for_Individuals_with_Intellectual_Disabilities/CDHA/Education/Courses/Lifelong_Smiles_for_Individuals_with_Intellectual_Disabilities.aspx?hkey=52f74764-50c8-491f-8bf8-8c5313dd3a08
- Colgate – Oral Health Network – Diabetes and Oral Disease
<https://www.colgateoralhealthnetwork.com/webinar/diabetes-and-oral-disease/>
- VIVA Learning – The Big C: Coronary Heart Disease
https://www.vivalearning.com/member/classroom.aspx_source=DENTREK&x_classID=3010

D5 – Pain management & control

- VIVA Learning – Local Anaesthetics – An Update for the Dental Hygienist
https://www.vivalearning.com/member/classroom.aspx_source=DENTREK&x_classID=1708
- Dentalcare.com – Pharmacology of Local Anesthetics: Clinical Implications.
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce449>
- Colgate - Oral Health Network – I Haven't Got Time for this Pain!
<https://www.colgateoralhealthnetwork.com/webinar/i-havent-got-time-for-this-pain/>



Suggested Online Learning Activities by QAP Content Subcategory

D6 – Primary prevention strategies including oral self-care

- Dentalcare.com – Current Concepts in Preventative Dentistry
<https://www.dentalcare.ca/en-ca/professional-education/ce-courses/ce334>
- VIVA Learning - Implementing Fluoride Varnish in Your Office
https://www.vivalearning.com/member/classroom.asp?x_source=DENTREK&x_classID=3862

D7 – Emergency prevention & interventions

- Dentalcare.com – Managing Adult Medical Emergencies in the Dental Office
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce516>
- Colgate – Oral Health Network – Update on Medical Emergencies
<https://www.colgateoralhealthnetwork.com/webinar/update-on-medical-emergencies-2018/>
- Dimensions of Dental Hygiene – Preparing for Medical Emergencies*
<https://dimensionsofdentalhygiene.com/article/preparing-medical-emergencies/>

E. Community

E1 – Public health practice, including programming & client advocacy

- CDHA – Advocacy Resources**
https://www.cdha.ca/cdha/The_Profession_folder/Policy_Advocacy_folder/Advocacy_Toolkit/CDHA/The_Profession/Policy_Advocacy/Advocacy_Toolkit.aspx
- BC Center for Disease Control – bc211 Training **
<http://www.bccdc.ca/health-professionals/education-development/bc211-training#EHOs--&--bc211>
and <http://www.bc211.ca>

E2 – Health promotion and wellness strategies

- Dentalcare.com – Marijuana Use and Oral Health
<https://www.dentalcare.ca/en-ca/professional-education/ce-courses/ce460>
- CDHA – Up in Smoke! The Vaping Trend
https://www.cdha.ca/cdha/Education/webinars/CDHA/Education/Webinars/The_Vaping_Trend.aspx

E3 – Research/epidemiology/statistics

- Dentalcare.com – Evidence-based Decision Making: Introduction and Formulating Good Clinical Questions
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce311>
- CDHA Canadian Journal of Dental Hygiene September-October 2004 - Do No Harm – Are You? Is Your Dental Hygiene Practice Evidence-Based? Part 1 **
https://www.cdha.ca/pdfs/Profession/Publications/Journal_September_2004.pdf



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- CDHA Canadian Journal of Dental Hygiene September-October 2004 - Using Qualitative Research for Evidence-Based Dental Hygiene Practice **
https://www.cdha.ca/pdfs/Profession/Publications/Journal_September_2004.pdf

F. Professional Issues

F1 – Ethics & jurisprudence (including legislation, regulation, QA, documentation)

- CDHBC – News & Events – New Regulation & Bylaw Amendments **
<http://www.cdhbc.com/News-Events/Proposed-Bylaw-Amendments-November-2019.aspx>

F2 – Collaborative relationships/referrals/administration/practice management

- CDHBC – Interpretation Guideline: Referrals by Dental Hygienists **
<http://www.cdhbc.com/Practice-Resources/Interpretation-Guidelines/Referrals-by-Dental-Hygienists.aspx>
- Dentalcare.com – Achieving Patient-centered Care through Interprofessional Collaborative Practice
<https://www.dentalcare.com/en-us/professional-education/ce-courses/ce471>

*** These learning activities have a fee associated with them.**

**** In order to claim Continuing Competency credits for learning activities that involve reading journal articles, grey literature, or textbook chapters, a reflection on the learning accomplished must be submitted when entering the activity in your Online Learning Plan.**



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Additional/General Resources

Dental Hygiene Journal Publications

- Canadian Journal of Dental Hygiene
http://www.cdha.ca/AM/Template.cfm?Section=The_Journal&Template=/CM/HTMLDisplay.cfm&ContentID=12202
- American Journal of Dental Hygiene
<http://www.adha.org/publications/index.html>
- International Journal of Dental Hygiene
<http://www.ifdh.org/publications.html>

Other Journal Publications

- American Journal of Periodontology
<https://aap.onlinelibrary.wiley.com/journal/19433670>
- Community Dentistry & Oral Epidemiology
[http://onlinelibrary.wiley.com/journal/10.1111/\(ISSN\)1600-0528](http://onlinelibrary.wiley.com/journal/10.1111/(ISSN)1600-0528)
- Journal of Dental Education
<http://www.jdentaled.org/>
- Journal of the American Dental Association
<http://jada.ada.org/>
- Journal of the Canadian Dental Association
<http://jcda.ca/>
- SCDA Journal (Special Care Dentistry Association)
<http://www.scdonline.org/?page=SCDAJournal>
- The American Journal of Clinical Nutrition
<https://academic.oup.com/ajcn>

Educational Resources

- Broome Community College Dental Hygiene Videos
<https://itunes.apple.com/us/itunes-u/dental-hygiene-videos/id408875177>
- CDHA Online Courses and Webinars
<https://www.cdha.ca/CDHA/Education/Webinars/Default.aspx?WebsiteKey=096c87da-2001-4e4b-aa50-1caed665204c&hkey=98077c45-00cd-49d0-ac40-6cb2ef199253&tabbedPanel=2#tabbedPanel>
- Colgate: Professional Education
<https://www.colgateoralhealthnetwork.com/webinar/>
- Dentalcare.com: Dental Continuing Education Courses
<https://www.dentalcare.com/en-us/professional-education/ce-courses>
- RDHEDU.COM Online Dental Education Center
<http://rdhedu.com/>
- VIVA Learning Online Dental CE
<https://www.vivalearning.com/>
- BCDHA Comprehensive Dental Hygiene Refresher Modules
http://www.bcdha.com/?page_id=90

